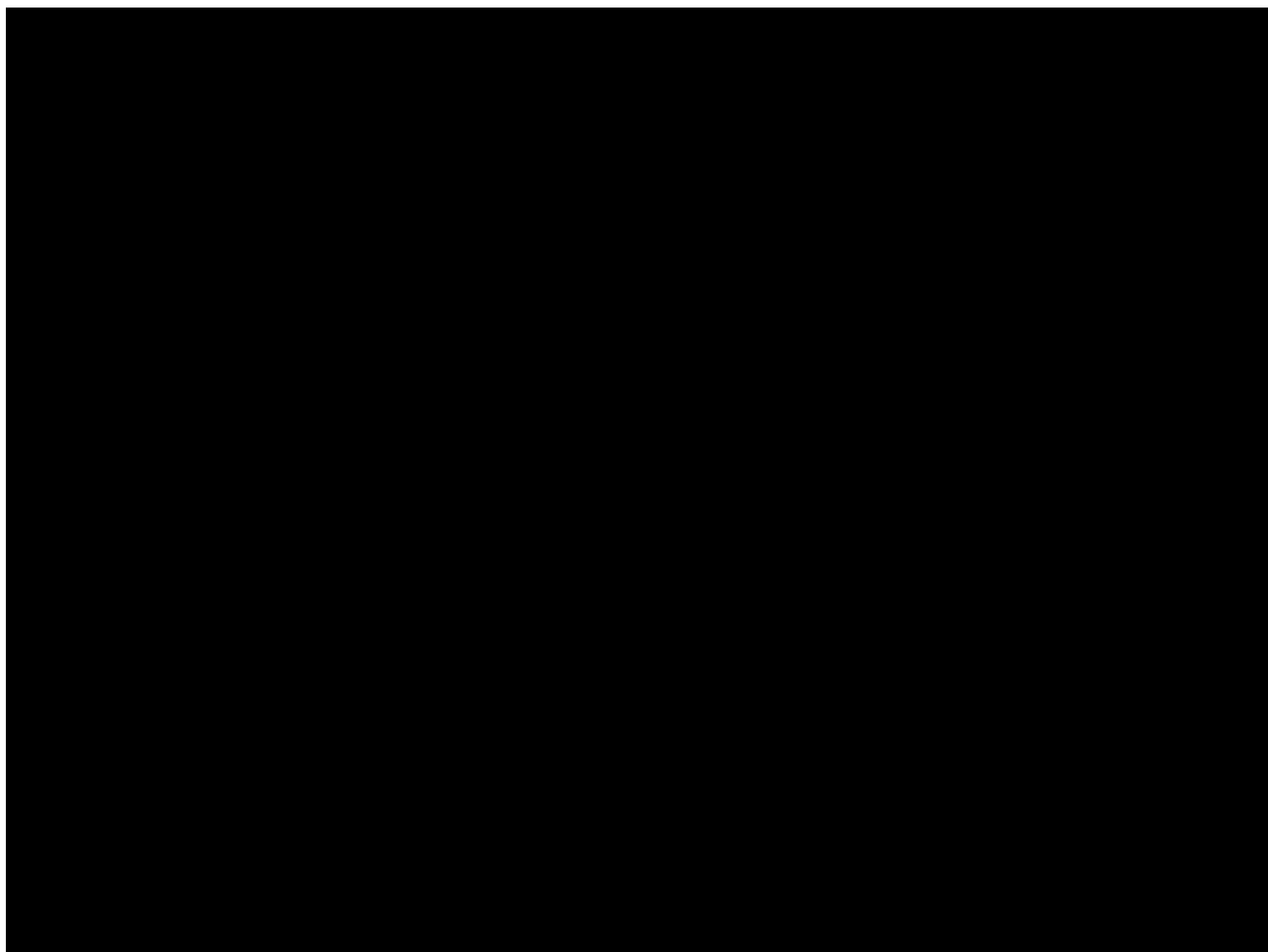












How do we tell truth from lies?

Truth: “you’re in your mid-40s”

Lie: “you have to perform like a 20 year-old”

Truth: “you’re 62”

Lie: “you’re incapable of running 5 miles”

Truth:



“Those who hope in the LORD will renew their strength. They will soar on wings like eagles”

Lie:

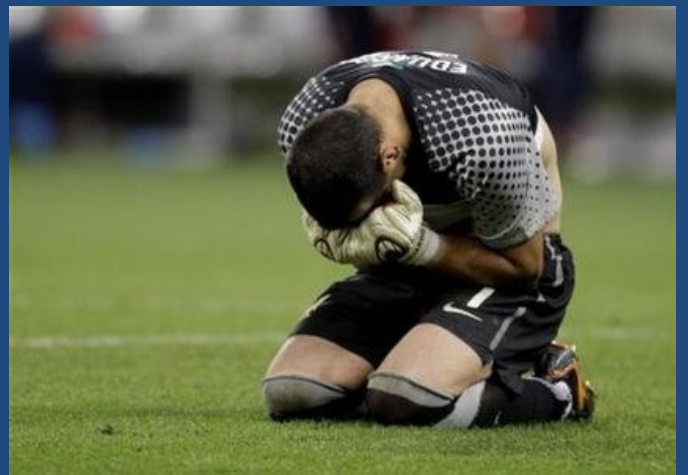


“I’m only a chicken”

Truth:



Lie:



Truth: *“I am he who blots out your transgressions, for my own sake, and remembers your sins no more.”*
(Isaiah 43:25)

Truth: *“For I know the plans I have for you,’ declares the LORD, ‘plans to prosper you and not to harm you, plans to give you hope and a future.”*
(Jeremiah 29:11)

Truth: *“As for you, you were dead in your transgressions and sins” (Ephesians 2:1)*

Truth: *“God, who is rich in mercy, made us alive with Christ even when we were dead in transgressions”. (Ephesians 2:4)*

Truth: *“And God raised us up with Christ and seated us with him in the heavenly realms in Christ Jesus” (Eph 2:6)*

Truth: *“For we are God’s handiwork, created in Christ Jesus to do good works” (Ephesians 2:10)*

“It’s happened – God has done it!”

Good News!





Cleared for take-off

A church set free

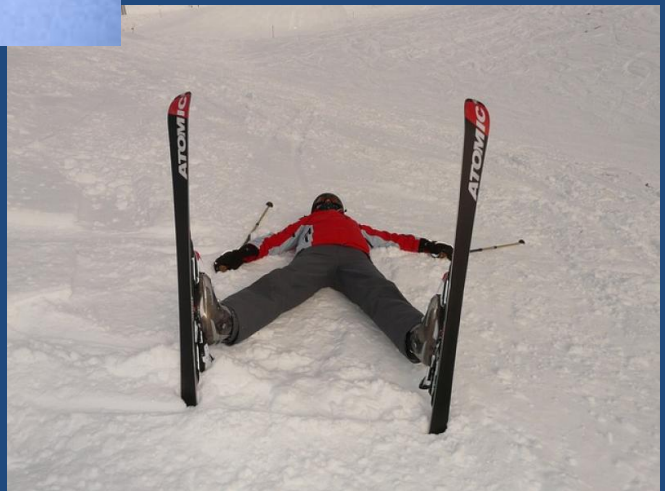


A church set free?



What Jesus
offers

What usually
happens



A walking civil war!

“I have the desire to do what is good, but I cannot carry it out. For I do not do the good I want to do, but the evil I do not want to do – this I keep on doing.” (Romans 7:18,19)

A walking civil war!

“Who will rescue me from this body that is subject to death? Thanks be to God, who delivers me through Jesus Christ our Lord!” (Romans 7:24,25)

Life through The Spirit

“There is now no condemnation for those who are in Christ Jesus, because through Christ Jesus the law of the Spirit who gives life has set you free from the law of sin and death.” (Romans 8:1,2)

Life through The Spirit

“Those who are in the realm of the flesh cannot please God. You, however, are not in the realm of the flesh but are in the realm of the Spirit.” (Romans 8:8,9)

Life through The Spirit

“For those who are led by the Spirit of God are the children of God.

The Spirit you received brought about your adoption to sonship.

The Spirit himself testifies with our spirit that we are God’s children.”

(Romans 8:14-16)

We are a new creation

*“If anyone is in Christ,
the new creation has come:
the old has gone, the new is here!”
2 Corinthians 5:17*



“Let us draw near to God with a sincere heart and with the full assurance that faith brings, having our hearts sprinkled to cleanse us from a guilty conscience.”

(Hebrews 10:22)

